



# Triple P

## Positive Parenting Program



### Triple P Positive Parenting helps you:

- raise happy, confident kids
- manage kids' behaviour so everyone enjoys life more
- set family rules and routines that everyone follows
- get along well with your kids and argue less
- balance work and family without stress

### FREE programs offered by the Department of Health

- Seminar Series
- Group Triple P

All parents, carers and grandparents are welcome to attend.

#### Next program:

**Seminar Series commencing Wednesday 15<sup>th</sup> August 2017**

3 weekly groups on Wednesday 15<sup>th</sup>, 22<sup>nd</sup> 29<sup>th</sup> August 2017

9:30am - 11:30am

**Rise Maylands: (Function room) 28 Eighth Avenue MAYLANDS**

Bookings essential – please visit [www.trybooking.com/QODA](http://www.trybooking.com/QODA) or call **0428 730 286**

Sorry, No Crèche Available



Government of **Western Australia**  
Department of **Health**  
**Child and Adolescent Health Service**



## FREE PARENTING SEMINARS

You are invited to attend the Triple P Seminar Series. You will learn practical, positive and effective ways to deal with common behavioural problems and ways to help your child achieve their best at school and in the future.

Parents are encouraged to attend all 3 seminars:

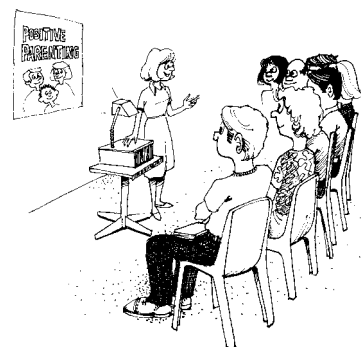
1. *Children's behaviour - the tough part of parenting*
2. *Raising Confident Children*
3. *Raising Emotionally Resilient Children*

The next **FREE** 3 week Series is held:

**When:** Tuesday 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup>  
August 2017

**Location:** Rise Maylands 28 Eighth  
Avenue Maylands

**RSVP:** Bookings are essential and places are limited.



**Please visit [www.trybooking.com/QODA](http://www.trybooking.com/QODA) to book your place.**

To find other available programs visit our website  
**[www.healthywa.wa.gov.au/Triple\\_P](http://www.healthywa.wa.gov.au/Triple_P)**