

RECESS AND LUNCHTIME DAILY

- Jelly Cups \$1.00
- Bottled Water \$1.50
- Choc or Straw Chill \$2.30
- Assorted Juice Boxes \$1.50
- CHILL J Sparkling Juice \$2.20
- Sippah straw with milk \$1.70
- Sml 225ml carton Milk \$1.20
- Milo \$2.00
- Chocolate Yogo \$2.00

RECESS SPECIALS

- Chicken Nuggets .50c
- Hash Browns .50c
- Muffins .50c
- COOKIES .50c
- Cheesy \$1.00
- Homemade Pizza \$1.00

Remember how special you felt when YOUR mum was on duty at the school canteen?

Don't let your kids miss out on the memories. Download a canteen volunteer form today.



OUR LADY OF LOURDES

THE MUNCH BOX

WINTER MENU 2018

Term 2

OPEN

WEDNESDAY and FRIDAY



Volunteers help keep canteen costs down and our prices low.

How can you help our canteen?

Please come in and put your name on the roster!

COME AND SPEND SOME TIME WITH ME !!

Canteen Manager: Mrs Rosie Samuels

29 MARDIA WAY

NOLLAMARA

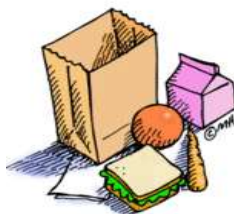
	<u>Sandwiches</u>	<u>Rolls</u>	<u>Wraps</u>
• Ham/ Tuna/Chicken/Cheese	\$2.60	\$3.20	\$3.20
• Egg – plain or curried	\$2.60	\$3.20	\$3.20
• Salad	\$2.00	\$2.60	\$2.60
• Vegemite	\$1.50	\$2.00	\$2.00

EXTRAS

- Salad .60
(Lettuce, tomato, cucumber, carrot)
- Avocado .70
- Toasted .50
- Cheese .60
- Egg .60

All bread used in the canteen is wholemeal.

White bread and **Gluten free** available on request.



SALAD PLATES

- PLAIN SALAD \$3.00
- SUPER SALAD \$4.50
(Includes plain salad with beetroot, capsicum, onion, avocado)
- **ADD** HAM, TUNA, CHICKEN OR EGG/CHEESE \$1.50

AFTER LUNCH SALES

- Paddle Pop variety of flavours \$1.70
- Quelch Icy Fruit Sticks .50c
- Lemonade/Raspberry Icy poles \$1.30
- Ice-cream cups \$1.30 **GF**
- Calippo mini \$1.00
- Moosie Chocolate/Strawberry \$1.40

WEDNESDAY and FRIDAY

- PIZZA SINGLE cheese/bacon \$3.00
- LASAGNE \$4.00
- PASTA BOLOGNAISE \$4.00
- MACARONI CHEESE \$4.00
- FRIED RICE \$4.00 **GF**
- ARANCINI (CHEESE RICE BALL) \$1.60 each
- 3 ARANCINI \$4.50
- **GLUTEN FREE** PASTA BOLOGNAISE \$4.50
- NACHO DIPPERS \$4.50
- PUMPKIN SOUP and BREAD ROLL \$3.50
- CHICKEN NOODLE CUP \$3.00
- SAUSAGE ROLL \$3.00
- BEEF PIE \$3.50

WEDNESDAY SPECIAL

**FISH
OR
CHICKEN SCHNITZEL
BURGER
\$4.50**

Add a
Chocolate
Yogo for
\$1.50

Add a
Chocolate
Yogo for
\$1.50

FRIDAY SPECIAL

**ROAST BEEF
and GRAVY
ROLL
\$4.50**

